

BC GOVERNMENT RETIRED EMPLOYEES ASSOCIATION

LANGLEY/SURREY BRANCH 2100

OCTOBER 16, 2023

MINUTES

Call to Order/Introductions: 1:09 pm

Adoption of Agenda: M/S/C, as amended

Adoption of Minutes from Previous Meeting: M/S/C

Speaker: Tricia Keith, Legacy Projects. How do we care for those who are dying, how carry our loved ones across to the other side, and how we build community out of the sorrow of our losses.

Legacy arts:

- What artifacts and stories have you inherited from your family lines? These legacies help you stay connected to your roots. Legacies are a thoughtful connection after you pass away. And inspire us to live to the fullest every day.
- How can you make your influence to your descendants' lives meaningful?
- 5 minute love letter: write them. An exercise in thinking about what's important.
- 'Record me now' app developed by UBC social work students. Questions that adults who lost their folks early wanted to ask. <http://recordmenow.org>
- 'Go wish', online game that stimulates thinking.
<http://www.fullcirclelivingdyingcollective.com>
- What are our hopes and wishes, especially around death and dying and grief. How do you want to enter this phase?
- Make sure to take care of your advanced care planning. Keep a green sleeve on the fridge. M1, M2, M3. Available from Fraser Health. Make another set of instructions to take with you.
- Cell phone app with health information

Findjoo – walk though by Janice Leonard

Members can: select what communication you want from BCGREA and partner organizations. Can also change your own information, e.g. address, email, etc.

Registration: 29 members and 2 guests

Reports:

President: Wilf Broderick

- o BCGREA AGM October 18. 5 delegates will be attending.
- o Change to number of delegates per branch is underway. BCGREA will circulate a survey
- o Branch 2100 will consider supplemental circulating information if needed.
- o Branch elections: should have been in September. Notice for February meeting.
- o Newsletter: Janice is the shepherding electronic newsletter.

- Guest speaker honorariums. To be discussed at AGM. Exec to bring back for further discussion.
- Speaker appreciation: card and Tim's card. Action after AGM and branch discussion.
- BCGEU office location – no longer available for outside groups, because it's so busy.
- Still looking for other locations. Any other suggestions?
- Branch financing is still under discussion. Which will dictate branch activities and support.
- General consensus to continue at the Seniors Centre until June 2023 (which might be outdoors)

1st Vice President: Robin Rutherford – no report

Secretary: Carol Paulson – no report

Treasurer: Lu Gaudet

- Closing balance \$11,685.14. Adopt Treasurer's Report M/S/C
- Financials shredded at UPS. \$13.44
- Treasurers meeting agenda: Oct 17 agenda, incl orientation, financial statements, 2024 budget, insurance issues, donations policy, fiscal yearend (possibility to December 31 fiscal, coincide with the dues collected). Shaw Spam sometimes filters mass emails out before reaching your inbox

Membership - Janice Leonard

- 730 members, including 12 new. 3 deceased. 1 resignation.
- Working on Findjoo project

Merchandising- Janice Leonard

- Obtaining a sample kit at the AGM
- Merchandise available at the November meeting

Newsletter – Janice Leonard

- Has assistance now
- Member input desired and welcome; e.g vacationing spots, recipes, walking recommendation.
- Plan to circulate 3 times per year.

Phoning: Chris Roberts

- Needs a new updated phoning list. Janice will provide

Good and Welfare: Surindar Angl

- 3 cards mailed out

Convenor: Linda Mann and Christine Sereda

- The group thanks the convenors for the great meeting set up!

Guest Speaker Committee: Darryl Walker

- Meals on Wheels next month
- Oct 18 walk. Contact person is Benita

COSCO: Renee Poley and Margaret Mubanda

- Renee called in to the Zoom call. Productive call.

Old Business:

1. Re: the distribution of materials from outside agencies. Branch is setting up protocols.
2. Resolutions to the AGM
 - a. Donation policy. Codifying a change in the constitution. Past – no donations allowed at all. Change – provincial body can donate seniors oriented organizations
 - b. Fiscal year end (see the Treasurer's report)

c. Honorariums to provincial executive

New Business: Nil

Member Donation: \$27.50

Adjournment: 3:15 pm

Next Meeting: The next meeting will be held on Monday, November 20, 2023.

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M/S/C November 20, 2023