

BCGREA BRANCH 900 MEETING OCTOBER 18, 2023
OUR REDEEMER LUTHERAN CHURCH AUDITORIUM

The meeting was called to order at 10:30 with John Dame in the chair and 21 members present. (Maurice attending Provincial AGM)

Frances introduced our speaker for the meeting Tanya Behardien, the executive director of OneSky Community Resources.

OneSky Community Resources has been providing supports and services throughout the Okanagan/Similkameen since 1966. It is a multi-service, not for profit organization that offers a range of services and resources to individuals, families and communities throughout the South Okanagan/Similkameen in the areas of: Early Childhood Services; Child, Youth & Family Support; Community Living Services, Senior Services and Community Development Incentives. Their goal is to streamline services rather than duplicate.

Some of the supports offered to seniors are the Better at Home Program (friendly visits, transportation to appointments, light housekeeping, grocery shopping, basic yard maintenance, simple home repairs, and snow shoveling.) as well as Caregiver Support and the popular Cycling without Age Trishaw bicycle rides—that can be seen throughout Penticton throughout most of the year.

Their staff consists of approximately 210 paid positions along with approximately 100 volunteers.

The organization welcomes new volunteers to assist with their variety of programs for all ages.

****See attached information on Senior's Services provided by OneSky.**

After a short break for coffee and catching up, the business portion of the meeting commenced.

The minutes of the September 20, 2023 meeting were distributed via e-mail and mail. Motion to accept the minutes as distributed made by Paul Perkins, seconded by Carol Anne Hicks. Carried.

Treasurer's Report: None. (Imre at Provincial Meeting.)

Membership Report: Same as last month—presented by Frances in the absence of Bill Myers. Motion to accept report by Frances Monro, seconded by Linda Roberge. Carried.

Health and Wellness: No updates

Old Business:

- a.) Branch 900 is looking for suggestions for guest speakers. If you have a suggestion, please give your idea to the Executive who will investigate it further.
- b.) We are looking for more volunteers to help coordinate the meetings and events. (This would include a couple of volunteers to shadow our key positions of Membership Director and Treasurer. These positions are difficult to pick up and run with if something happens to people currently holding the positions.

- c.) Another vacant volunteer position is “Director at Large”. This is an opportunity to be involved with the inner workings of the executive, without taking on any more responsibility than you want.

New Business:

- a.) Branch 900 will participate in the Remembrance Day ceremony and will lay a wreath on behalf of Branch 900.
- b.) This week the Provincial AGM is happening in Tsawwassen. Maurice Davidson, Larry Martin, Bill Myers and Imre Horvath are representing Branch 900.
- c.) Branch 900's AGM is next month. At that time, we must hold our annual election of table officers. (Branch Chair, 1st Vice Chair and 2nd Vice chair.) These positions offer a chance to become more involved with the BCGREA and the local branch level.
- d.) Christmas party:
Venue confirmed: Penticton Golf and Country Club
Date confirmed: Tuesday, December 12, 2023 (11:00 am to 2:00 pm)
Further details (such as cost) to be announced. Tickets will be available at the November meeting.

60/40 Draw: Ann Ingram was the winner of \$31.80 and Stuart Crossan was the winner of \$21.20. As well there were draws for some BCGREA swag: 3 pens, 3 keychains and 2 pins.

Upcoming Events:

November 11, 2023: Remembrance Day

November 15, 2023: Branch 900 AGM at 10:30 a.m. (Our Redeemer Lutheran Church)

Tuesday, December 12, 2023: Annual Christmas party. (See above)

The meeting was adjourned at 12:00 p.m.

About OneSky

Every day, we assist hundreds of people in dozens of communities—helping them retain dignity, resilience and well-being at every stage of life. Our skilled and caring professionals, educators, care workers, service personnel, counsellors, and volunteers provide a broad span of life-changing programs and services. We also connect people with the many other vital resources in our area. Guided by our belief that we are all in this together, living under a single sky, our goal is to create a way forward for everyone.

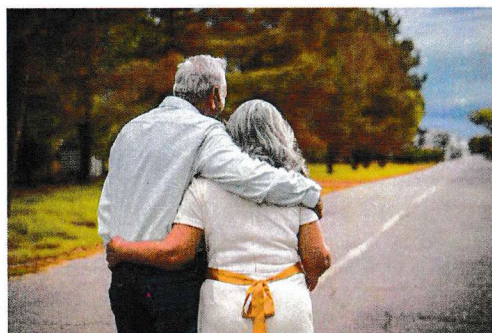
OneSky Community Resources is a diverse, multi-service, not for profit organization that offers a range of services and resources to individuals, families and communities throughout the South Okanagan/Similkameen in the areas of:

- ♦ Early Childhood Services
- ♦ Child, Youth & Family Support
- ♦ Community Living Services
- ♦ Senior Services
- ♦ Community Development Initiatives

OneSky is fully accredited by CARF, attesting that the services we provide meet the highest international standards.

Our Mission

We champion and support individuals to reach their full potential by providing quality supports and services that meet identified needs.



We may not know what lies ahead but knowing where to turn for information and support makes the road a bit easier.

Contact Us:

Seniors'Info

778-SENIORS

(778-736-4677)

Seniors.Info@OneSkyCommunity.com

330 Ellis Street
Penticton, BC V2A 4L7

Website:

www.oneskycommunity.com

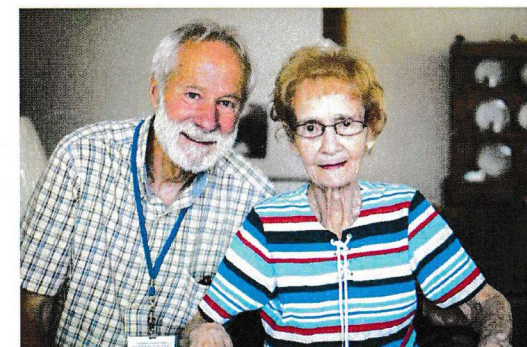
Seniors' Services is operated by OneSky Community Resources and South Okanagan Seniors Wellness Society



United Way
Healthy Aging



*We clear a path to hope,
health, and potential*



Seniors' Services

Community Support for Aging in Place

*Strong communities with
opportunities for all*

OneSky Seniors Services

Information Line

Calling our information line (778-736-4677) is a starting point for information and resources for older adults and their caregivers, including help navigating health, social care systems, and completing government and other forms.

Out & About

Participants receive a monthly activity calendar of planned group social activities, offering various ways to be active and engaged. Meet new people, experience new adventures, and have some laughs.



Better at Home

Program to help older adults with simple non-medical, day-to-day tasks to support them to live independently in their own homes and remain a part of the community. Fees are charged based on income, on a sliding scale. Services are provided by paid staff and volunteers.

In-home registration required.

- ♦ **Friendly Visits**
- ♦ **Transportation to appointments**
- ♦ **Light housekeeping**
- ♦ **Grocery shopping**
- ♦ **Basic yard maintenance**
- ♦ **Simple home repairs**
- ♦ **Snow shoveling**



A way forward for everyone

Caregiver Support

Caregiving can be a very rewarding yet challenging role. Whether caring for a spouse, parent, family member or friend, there is support and resources available. Call for more info.

Volunteer Opportunities

Our volunteers make a difference in the lives of older adults. Ask about roles such as friendly visitor or driver, assist with group activities, lend a hand in the office, or offer your time and energy to pilot a trishaw ... and more.

Cycling Without Age

Trishaw pilots take older adults out for a bicycle ride, through the city, along the water, or other selected routes to enjoy the sights and feel the wind in their hair!