



Nanaimo Mid-Island Branch No. 600

MINUTES: Membership Meeting

DATE: May 12, 2026

Location: Unitarian Fellowship Hall, 595 Townsite Road, Nanaimo

1. **Call to Order, 1:30 pm.** Roz Kennedy chaired the meeting.

Welcome Everyone

Today our Special Guest Speaker is Brannan Janaszak from Hearing Life, a BCGREA Partner

There were 9 in attendance.

Introduction of Guest Speaker: Brannan Janaszak of Hearing Life

Brennan said we listen with our ears, but hear with our brains. She showed us the anatomy of our ears. There are strategies to hear better - in restaurants, at meetings, at home, - reduce background noises, face people directly, speak slowly and clearly, using hand gestures, have well-lit settings.

Hearing test – symptoms – ear ringing. Better hearing improves mental acuity, balance etc. Technology is improving all the time – hearing aids are now connected to a cell phone. New ones are entirely inside the ear.

Financing is available. Earplugs should be used whenever in a noisy setting.

Roz thanked her and presented a BCGREA coffee mug and pen.

COFFEE BREAK -- Book exchange and tickets sale.

2. **Executive Roll Call:**

AB Lea Campbell – Chairperson

✓ Roz Kennedy – 1st Vice-Chair/Programs

AB Warren McCormick - Membership/Treasurer

✓ Chris Crabtree – 1st Director, Phone Committee

✓ Kathy Torhjelm – Secretary

✓ Judy Lynk - 2nd Director

____ Vacant – Director, Special Events

3. **Adoption of the Minutes from April 14, 2026** M/S Roger Lytton/ Lawrence Johnson. Carried,

4. **Correspondence:** None

5. **Treasurer Report:** Warren McCormick - Bank Balance \$ 4867.39

6. **Membership report:** Warren McCormick – no report



7. Telephone Coordinator Report: *Chris Crabtree* – all is good.

8. Merchandise Report: If you wish to purchase an item, go to BCGREA.ca website, under Merchandise you can find what you would like, then contact Lea at chair.branch600@bcgre.ca for her to order.

9. Special Events: Our Spring Luncheon has been confirmed for June 9th, 2026 at the Legion 256. Soup, sandwich, dessert, tea and coffee. And Door Prizes.

10. Guest Speakers: *Lea Campbell*

Sept 8 - Travis Melnychuk of Belair Insurance (home and travel)

October 13 – Lydia (returning speaker) of Coastal Community Credit Union will be reviewing Estates and Trusts.

November 10 – Gary O'Brien - RCMP

12. Unfinished Business: The AGM was held on April 22, 23 in Tsawwassen – Roz and Kathy attended in person. Lea attended on zoom. The conference was good with an excellent key note speaker, Connie Jorsvik, a healthcare navigator and patient advocate. Connie presented advise on a wide range of topics, such as how to plan in advance for healthcare emergencies, discuss end-of-life wishes with loved ones (including MAID, and supporting aging parents with increasing needs. Connie will be providing a Webinar presentation on *Navigating the BC Healthcare System*. All BCGREA members will be welcome to enroll for her presentations.

The Executive continues to be in need of volunteers. Please consider joining the group. Only two meetings a month, the Executive meeting on the first Tuesday of the month. The Membership meeting on the second Tuesday of the month.

12. New Business: This is the last meeting until September 8.

14. Good and Welfare

Door prizes this meeting - One \$30 grocery gift card won by Lawrence Johnson.

15. Next Meeting

☐ Date: September 8 at 1:30 pm

☐ Location: Unitarian Fellowship Hall, [595 Townsite Road, Nanaimo](#)

☐ Guest Speaker, **Travis Melnychuk** of Belair Insurance

☐ Reminder to bring your gently used books to trade and your coffee mug.

☐ Reminder that the previous month's minutes can be found on the BCGREA.ca website.

☐ Today's minutes will also be added.

16. Adjournment at 2:30 on a motion of Roger Lytton.


