



# BCGREA Branch 100 Abbotsford

## Abbotsford Senior Discounts Guide

### Save More, Enjoy More!

Abbotsford is a fantastic community for seniors, offering a wide array of discounts that make staying active, social, and mobile much more affordable. Whether you are looking for local recreation, regional travel, or weekly savings on essentials, 2026 brings several updated opportunities for those aged 55 and better.

**Always carry your BC Services Card or photo ID and ask for your discount!**

*Note: This guide is updated as of January 2026. Offers may change; always confirm with the business before purchasing.*

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### Car Rentals

- **AVIS:** Up to 25% off with CARP membership
- **BUDGET:** Up to 25% off in North America (CARP)
- **THRIFTY:** 5% off (50+ via Silver Club)
- **HERTZ:** Up to 20% off (50+)

### Hotels & Motels

- **Best Western:** 15% off (55+)
- **Choice Hotels:** 10% off (60+), up to 20% off with CARP
- **Fairmont:** Up to 25% off, plus perks for CARP members
- **Hilton:** Up to 20% off (CARP)
- **Sandman Hotel Group:** 25% off rooms, 10% off restaurants (55+)
- **Wyndham Hotels:** 10% off (60+)

### Pharmacies

- **Pharmasave:** 15% off (55+) – 1st Wednesday monthly
- **Rexall:** 20% off (55+) – 1st Tuesday monthly
- **Shoppers Drug Mart:** 20% off (55+) every Thursday (PC Optimum card required)

## Restaurants

- **Denny's:** 15% off (55+) Thursdays 2–10pm, plus 55+ menu
- **McDonald's:** 20% off coffee (55+ at select locations)
- **Subway:** 10% off (60+ at select locations)
- **Tim Hortons:** 10% off at some locations (confirm before ordering)

## Retailers & Thrift Stores

- **Mad Butcher:** 10% off Tuesdays (request at cashier)
- **Michaels:** 10% off (55+)
- **MCC Centre Thrift Shop:** 10% off Wednesdays
- **Salvation Army Thrift Stores:** 10% off (60+)
- **Value Village:** 30% off Tuesdays (55+)

## Travel & Transportation

- **BC Transit:** Discounted fares (65+)
- **BC Ferries:** Free passenger travel Mon–Thurs (65+ with BC Services Card)
- **BC Bus Pass:** \$45/year for low-income seniors (60+)
- **ICBC:** Savings on Autoplan (65+)
- **VIA Rail:** 10% off (60+), extra 10% for CAA members

## City Recreation & Culture

- **Super Senior Pass (80+):** Free annual pass for drop-in programs at ARC & MRC
- **Senior Admission (65+):** ~50% off single/multi-session passes
- **55+ Activity Centre:** Access to activities for ~\$25/year
- **Specialized Access Program:** 50% off for residents with permanent disabilities

## More Grocery & Retail Savings

- **M&M Food Market:** 10% off Tuesdays (60+)
- **Bulk Barn:** 15% off Wednesdays (65+)
- **Safeway/Sobeys:** 10% off 1st Tuesday monthly (with minimum purchase)
- **Rona/Lowe's:** 10% off 1st Tuesday (55+)
- **Giant Tiger:** 10% off 1st Monday (60+)

## More Dining Deals

- **A&W:** 10% off (60+, varies by location)
- **White Spot:** Seniors' menu with smaller portions and included dessert/beverage

## Pro Tips

- Discounts are not always automatic—ask at checkout!
  - Some offers require a free rewards card or CARP membership (\$19.95/year).
  - For updates or to share new discounts, email: [bcgrea@telus.net](mailto:bcgrea@telus.net)
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## Additional Information About Potential Savings

### Senior Expos & Community Events

- **Abbotsford Seniors Expo** and **Young at Heart Seniors Expo**: Exclusive event-only discounts, free hearing tests, mobility device demos, prize draws, complimentary snacks, and expert talks on aging in place and senior scams.

### Housing & Utility Bill Discounts

- **Affordable Housing**: Apply for subsidized and co-op housing through BC Housing and local non-profits (Ebenezer Home, Bakerview Housing Co-op).
- **Utility Bill Subsidies**: City of Abbotsford offers subsidies for low-income seniors on recreation passes and some city services. Provincial and federal programs may help with energy bills.

### Dental, Vision, and Hearing Discounts

- **Hearing Clinics**: Amplifon, HearingLife, Connect Hearing offer free tests, consultations, and discounts on hearing aids.
- **Dental & Vision Insurance**: Bundled plans from Humana, Cigna, Aflac reduce costs for seniors.

### Membership-Based & National Discounts

- **Amazon Prime**: Over 50% off for seniors on government assistance.
- **Goodwill**: 25% off for 55+ on the second Monday monthly (check local participation).
- **Kohl's**: 15% off for 60+ on Wednesdays (US/online).
- **CAA Membership**: Abbotsford Seniors Centre members save up to 20%.

### Banking & Financial Services

- **Senior Banking Packages**: No-fee or reduced-fee accounts, free checks, money orders, safety deposit box discounts.

### Local Business Partnerships

- **Abbotsford Seniors Centre Membership**: \$50/year for reduced rates at classes, clubs, activities, and discounts at local businesses (e.g., 10% off at Bloomfields Flowers and Compact Music).

## Tax Deductions

- **New \$6,000 Senior Bonus Deduction:** For 2026, a new federal tax deduction for Canadians 65+ with incomes up to \$75,000 (single) or \$150,000 (joint), in addition to the standard senior deduction.

## Other Notable Offers

- **Tech Savvy Seniors:** Weekly digital learning sessions at Matsqui Recreation Centre (\$2/session).
- **Social Seniors Café:** Weekly gatherings with refreshments and guest speakers (\$2/session).

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**Tip:** Many discounts are not widely advertised—always ask at checkout, and check for event announcements.