Minutes: Membership Meeting

DATE: March 11, 2025

Unitarian Fellowship Hall, 595 Townsite Road, Nanaimo

1. Call to Order, 1:30 pm

Lea acknowledged that we gather here today on the traditional territory of the Snuneymuxw First Nations. There were <u>25</u> in attendance.

Introduction of Guest Speaker:

Lea welcomed our Guest Speakers: Jane Hope, of the Nanaimo Alzheimer Society. She is the support and education coordinator for the North Island. She answered questions and shared information on dementia and the work of the Alzheimer Society. Each person with dementia is unique. Dementia is a medical term with a set of symptoms. It is progressive. Alzheimer's is one kind of dementia. The disease damages neural pathways and then symptoms appear. Functions are assessed to determine diagnosis. Symptoms – problems with memory, difficulty with familiar tasks, problems with language and abstract thinking, challenges following conversations, poor judgment, disorientation of time or place. With dementia, the brain shrinks. Expressing emotions becomes difficult, progression rates are different. There are good days and bad days for the person.

Jane also spoke about the support groups her society offers and left her card. She will share the power point with us – \underline{LINK} for presentation.

COFFEE BREAK

2. Executive Roll Call:

- <u>√</u> Lea Campbell Chairperson
- <u> *V</u> Roz Kennedy* − 1st Vice-Chair/Programs</u>
- <u>√</u> Kathy Torhjelm Secretary
- ____ Vacant Treasurer

<u>√</u> Warren McCormick - Membership
<u>√</u> Chris Crabtree – Phoning Committee
<u>ab</u> Maria Noel – Director, Special Events

3. Adoption of the Agenda

M/S Barry Zacharias/Roger Lytton. Carried.

4. Adoption of the Minutes of the last meeting - January 14, 2025 meeting. MS Roz Kennedy/Roger Tarry. Carried.

5. Correspondence –

- Email from Al Coccola concerning BCGREA merchandise
- 6. **Treasurer's Repor**t We are waiting for the completion of signatures for the bank so Warren can fill this role.
- 7. **Membership** Warren McCormick Our membership numbers are down because several transferred to the new Cowichan Valley branch 2600.
- 8. Telephone Coordinator's Report Chris Crabtree everything is going well,

9. Special Events – Maria Noel

Spring Luncheon is scheduled for June 10th at the Legion. We will ask Maria to invite the Cowichan Valley and the Parksville/Qualicum branches.

10. Guest Speaker – Lea Campbell

In April our guest speaker will be Brett Corcoran from Coastal Community Credit Union.

MOTION TO ADOPT ALL COMMITTEE REPORTS M/S /Roz Kennedy/Judy Lynk. Carried.

11. Unfinished Business -

The Branch continues to be in need of a volunteer to take on the position of Branch Treasurer. Please consider if you have interest in joining a wonderful Executive Team and are free two afternoons a month.

The Duncan branch continues the process of setting up. Allen Coccola continues to send updates. The new Branch will soon have their own page on the BCGREA website.

12. New Business -

55+ summer games will be held in Nanaimo in 2026. How can we help? Please consider getting involved.

Lea attended a Branch Chairs meeting. The focus was on BCGREA merchandise.

13. Good and Welfare

Door prizes this meeting. Two \$30 gift cards from Thrifty. Foods – Elaine Blanco and Vern Dumond.

Remember that the previous month's minutes can be found on the BCGREA.ca website.

14. Next Meeting

- Date: April 8, 2025
- Location: Unitarian Fellowship Hall, 595 Townsite Road, Nanaimo
- Guest Speaker to be Bret
- 15. Adjournment The meeting adjourned at 3 pm on a motion of Marilyn Tarry
